April 2011

NEWSLETTER

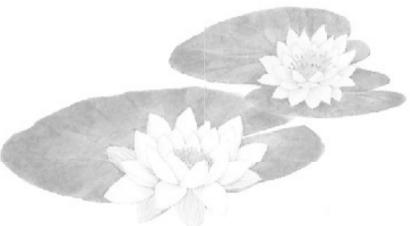
International Meditation Centre

IN THE TRADITION OF SAYAGYI U BA KHIN

TEACHERS

Mother Sayamagyi: IMC United Kingdom IMC Australia (NSW) IMC Australia (WA) IMC Austria IMC USA

U Khin Zaw: IMC Yangon (Myanmar)



COURSE SCHEDULE 2011 – 2012

IMC United Kingdom

Courses under the guidance of Mother Sayamagyi assisted by Mr Roger Bischoff:

June	3 - 13, 2011
July	8 - 18, 2011
August	19 – 29, 2011
September	30 – October 10, 2011
November	4 - 14, 2011
December	23 – January 2, 2012
February	3 - 13, 2012
March	2 - 12, 2012
April	5 - 15, 2012 Note: this course begins on a Thursday

IMC Australia (NSW)

June	24 – July 4, 2011	Mr Michael Fraser
September	23 – October 3, 2011	Dr Mark Peterson
November	25 – December 5, 2011	Mr Richard Walsh
January	6 - 16, 2012	Mr Michael Fraser

IMC Australia (WA)

August	19 - 29, 2011	Mr Douglas Solomon
December	23 – January 2, 2012	Mr Gregory Solomon
April	6 – April 16, 2012	Mr Douglas Solomon

COURSE SCHEDULE 2011 – 2012 continued

IMC Austria

April	15 – 25, 2011	Mr Franz Neuner
July	8 - 18, 2011	Mr Erich Kucher
September	2 - 12, 2011	Mr Franz Zelsacher
October	21 - 31, 2011	Mr Hubert Knaus

IMC USA

May	13 - 23, 2011	Mr Michael Kosman
June	24 – July 4, 2011	Mr Craig Storti
August	19 – 29, 2011	Mr Michael Kosman
October	21 - 31, 2011	Mr Craig Storti
December	9 - 19, 2011	Mr Craig Storti
March	16 - 26, 2012	Mr Michael Kosman

Germany

Weekend Courses:

June	17 -	- 19, 2011	Mr Horst Jughard
November	18 -	- 20, 2011	Mr Horst Jughard

Italy

Weekend Course:

May	20 - 22, 2011	Mr Renzo Fedele
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COURSE SCHEDULE 2011 – 2012 continued

Japan

April	28 – May 8, 2011	Mr James Emery
April	27 – May 7, 2012	Mr James Emery
Weekend C	Courses:	
June	17 – 19, 2011	Mr James Emery
August	26 - 28, 2011	Mr James Emery
November	11 - 13, 2011	Mr James Emery
February	10 - 12, 2012	Mr James Emery

The Netherlands

July	8 - 18, 2011	At IMC UK
November	4 - 14, 2011	At IMC UK
February	3 - 13, 2012	Mr Matthijs Schouten

Switzerland

April	21 – May 1, 2011	Mr Eugen Jung
April	5 - 15, 2012	Mr Eugen Jung

Ukraine

April	29 - May 9, 201	1	
Contact:			
In Ukraine	Oleksandr Nosov		+380 631 542 077 alexandre8n@gmail.com

SPECIAL DAYS 2011 – 2012

April 13 – 16, 2011	water Festival
April 17, 2011	Burmese New Year
May 17, 2011	Buddha Day (Full Moon of Kason)
June 16, 2011	Mahāsamāya Day (Full Moon of Nayon)
July 15, 2011	Dhammacakka Day (Full Moon of Waso)
October 12, 2011	Abhidhamma Day (Full Moon of Thadingyut); Anniversary of the Teachers' arrival in the West
November 10, 2011	Festival of Lights (Full Moon of Tasaung Mon)
December 11, 2011	Saya Thetgyi's Demise Day
January 19, 2012	Sayagyi U Ba Khin's Demise Day



An Excerpt from

The Basic Study of the Buddha's Teachings and their Correct Application

Compiled by Thray Sithu Sayagyi U Ba Khin

Continued from October 2010 Newsletter

There are three ways of teaching: (1) teaching through similes, also called the "snake charmer's way", (2) teaching to effect the escape from the round of birth and death, and (3) teaching like a treasurer.

(1) The snake charmer's way: In this method the teacher has forgotten that the primary benefit of the Buddha Dhamma is the escape from the conditioned world and the attainment of the path and fruition stages of Nibbāna. This person who is lost to the path and fruition stages teaches like a snake charmer with the intention of oppressing and controlling others with his knowledge. This type of person does not know the real benefit of the Dhamma and is unable to experience the taste and essence of the Dhamma. Therefore this way of teaching the scriptures is called the snake charmer's way.

(2) Teaching to effect the escape from the rounds of birth and death: This way of teaching can have two aims: (a) to cause people to escape from this world and attain the path and fruition stages of Nibbāna in the dispensation of this Buddha or (b) to cause people to fulfil the perfections ($p\bar{a}ram\bar{n}$) through the practice of morality and calmness of mind and the other noble practices.

(3) The treasurer's way: The arahats who have attained freedom from defilements in the dispensation of the Buddha, aim to establish the teachings for a long time to come, and in order to ensure the continuation of the teachings, they teach the scriptures. The arahats who called the Buddhist councils practised this way of teaching and by their instruction they protected and guarded the noble Teachings. The first discourse of the Buddha, called the Dhamma-cakkapavattana-sutta, is the source from which the great river of sweet water called the Teachings springs. The scriptures consist of the 84,000 sections of Suttanta, Vinaya and Abhidhamma. The Dhamma-cakka-pavattana-sutta incorporates the Four Noble Truths: the truth of suffering, the truth of the origin of suffering, the truth of the ending of suffering, and the truth of the path leading to the end of suffering.

These are the pivot of the Buddhist faith. To establish this pivot, the truth of suffering has to be understood completely and with this understanding the cause of suffering is removed and destroyed. Doing away with the cause of suffering, suffering ceases and Nibbāna is attained.

It is very important to always keep in mind the fact that in order to attain Nibbāna the Eightfold Noble Path has to be practised and that only this practice has the power to lead the seeker to the understanding of the path and fruition stages of Nibbāna.



International Meditation Centre

IN THE TRADITION OF SAYAGYI U BA KHIN

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